

June 2017 Life Enrichment Program Schedule: Forest Side

All activities are subject to change with notice

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Happy Birthday! Verna Burnim – June 6th Paul Dalton – June 15th Lenora Klein – June 28th</p> 	<p>Individual visits with residents take place daily throughout the day depending on need and resident preference.</p> <p>Special Events or activities take place throughout the day that may not be reflected on the schedule.</p>	<p>LOCATION & PROGRAM KEY (GR-A1) Great Room A, 1st floor (GR-B1) Great Room B, 1st floor (GR-A2) Great Room A, 2nd floor (GR-B2) Great Room B, 2nd floor (CR) Club Room (FR) Family Room (DR) Dining Room (FP) Front Porch (BP) Back Patio Special events in bold</p>	<p>1</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Super Word Games with Latifah (GR-A2) 10:30 AM Lecture with Chris Covell: Social Significance of the Super Hero (GR-A1) 11:30 AM Life Skills (GR-A1&2) 2:00 PM Dog Visit with Dolly Parton (GR-A1) 2:30 PM Happy Hour & Karaoke Lounge Singing with Chris Covell (GR-A1) 7:00 PM Mind Joggers (GR-A1&2) Anniversary of Superman's Comic Debut</p>	<p>2</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Fun Facts to Know & Tell with Latifah (GR-A2) 12:45 PM The BBC Hour (GR-B2) 2:15 PM Culinary Arts: Delicious Dainty Donuts with Latifah (GR-A1) 3:00 PM Afternoon Stretch & Donut Social (GR-A1) 7:00 PM Musical: Take Me Out to the Ball Game (GR-A1) On the Town with Frank Sinatra (GR-A2) National Donut Day</p>	<p>3</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Dramatic Readings of Shakespeare with Chris (GR-A2) 11:30 AM Life Skills (GR-A1&2) 2:15 PM Spiritual Songs & Sing-alongs with Chris Covell (GR-A1) 3:00 PM Tea Social & Music (GR-A1) 3:45 PM Afternoon Stretch (GR-A1) 7:00 PM Classic TV: Judy Garland & Robert Goulet Television Special (GR-A1) Judy Garland LIVE at the Palladium (GR-A2)</p>
<p>4</p> <p>10:00 AM Morning Stretch (Porch) 10:30 AM Poetry on the Porch with Chris (GR-A2) 11:30 AM Life Skills (GR-A2) 2:15 PM Short Stories with Chris (GR-A1) 3:00 PM Tea Social & Music (BP) 3:45 PM Musical Performance with Ingrid Gruber (BP) 7:00 PM The Big Broadcast Radio Show, 88.5 FM (GR-A1&2)</p>	<p>5</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Arts & Crafts with Latifah (GR-A2) 11:30 AM Life Skills (GR-A2) 12:45 PM The BBC Hour (GR-B2) 2:15 PM Bingo with Latifah (GR-A1) 3:15 PM Afternoon Stretch with Latifah (GR-A1) 7:00 PM Documentary: NASA – 50 Years of Space Exploration (GR-A1&2)</p>	<p>6</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM All About Animals (GR-A2) 11:30 AM Life Skills (GR-A1&2) 12:30 PM Birthday Luncheon (GR-A1&2) 2:15 PM Guitar Songs & Sing-a-longs with Chris Covell (GR-A1) 3:00 PM Dog Visit with Lilly (GR-A1&2) 3:00 PM Ice Cream Social (GR-A1) 6:30 PM Music with Piano Man, Jerry Roman (GR-A1) Happy Birthday Verna!</p>	<p>7</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Culinary Arts: Banana Pudding Parfaits with Latifah (GR-A2) 11:30 AM Life Skills (GR-A2) 12:45 PM The BBC Hour (GR-B2) 2:00 PM Bake Shop Open with Latifah (FR) 2:15 PM A Virtual Visit to England with Chris (GR-A1) 3:00 PM Afternoon Stretch (GR-A1) 7:00 PM Watercolors & Music (GR-A1&2)</p>	<p>8</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Card Games with Latifah (GR-A2) 10:30 AM News & Current Events with Chris (GR-A1) 11:30 AM Life Skills (GR-A1&2) 2:00 PM Dog Visit with Dolly Parton (GR-A1) 2:30 PM Happy Hour with Historian & Guitarist, Roy Justice (GR-A1) 7:00 PM Mind Joggers (GR-A1&2)</p>	<p>9</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM American Presidents with Chris (GR-A2) 11:00 AM Shabbat Service (FR) 12:45 PM The BBC Hour (GR-B2) 2:15 PM Patriotic Songs & Sing-a-longs with Chris Covell (GR-A1) 3:00 PM Afternoon Stretch (GR-A1) 7:00 PM Movie: Minstrel Man (GR-A1) Movie: All-American Co-Ed (GR-A2)</p>	<p>10</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Puzzles & More (GR-A2) 11:30 AM Life Skills (GR-A2) 2:15 PM Judy Garland: The Lady & Her Music with Latifah (GR-A1) 3:00 PM Tea Social & Music (GR-A1) 3:45 PM Afternoon Stretch (GR-A1) 7:00 PM Classic TV: Judy Garland & Robert Goulet Television Special (GR-A2) Judy Garland LIVE at the Palladium (GR-A1) Judy Garland's Birthday</p>
<p>11</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Arts & Crafts with Latifah (GR-A2) 11:30 AM Life Skills (GR-A2) 2:15 PM Garden Games with Latifah (BP) 3:00 PM Tea Social & Music (BP) 3:45 PM Afternoon Stretch (GR-A1) 4:05 PM Washington Nationals Baseball vs. Texas Longhorns, Channel 5 (GR-B1&2) 7:00 PM The Big Broadcast Radio Show, 88.5 FM (GR-A1&2)</p>	<p>12</p> <p>10:00 AM Morning Stretch (CR) 10:30 AM Spa: Manicures, Music & Relaxation with Latifah (GR-A2) 10:30 AM Art Appreciation & Application with Joey Mánlapaz (CR) 11:30 AM Life Skills (GR-A2) 12:45 PM The BBC Hour (GR-B2) 2:15 PM Poetry on the Patio with Chris (BP) 3:15 PM Afternoon Stretch (BP) 7:00 PM Documentary: Yellowstone – Battle for Life (GR-A1) The Discoverers (GR-A2)</p>	<p>13</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Summer Olympic Sports Games with Latifah & AHCA (GR-A2) 11:30 AM Life Skills (GR-A2) 12:45 PM Chair Yoga with Latifah & AHCA (GR-A2) 2:15 PM Folk Songs & Sing-a-longs with Chris & AHCA (GR-A1) 3:00 PM Dog Visit with Lilly (GR-A1&2) 3:00 PM Ice Cream Social (GR-A1&2) 7:00 PM Watercolors & Music (GR-A1&2)</p>	<p>14</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Culinary Arts: Petite Finger Sandwiches with Latifah (GR-A2) 11:30 AM Life Skills (GR-A2) 12:45 PM The BBC Hour (GR-B2) 2:00 PM Bake Shop Open with Latifah (FR) 2:15 PM Celebrating Flag Day with Chris Covell (GR-A1) 3:00 PM Afternoon Stretch (GR-A1) 7:00 PM Watercolors & Music (GR-A1&2) Flag Day</p>	<p>15</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Card Games with Latifah (GR-A2) 10:30 AM Current Events with Chris (GR-A1) 12:45 PM Chair Yoga with Latifah (GR-A2) 2:00 PM Dog Visit with Dolly Parton (GR-A1) 2:30 PM A Virtual Visit to the National Zoo with Chris & Latifah (GR-A1) 3:30 PM Happy Hour & Dance Party with Chyp & (GR-A1) 7:00 PM Mind Joggers (GR-A1&2) Happy Birthday Paul!</p>	<p>16</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Spring time Bingo with Latifah (GR-A2) 11:30 AM Life Skills (GR-A2) 12:45 PM The BBC Hour (GR-B2) 2:15 PM Parachute Fun with Latifah (GR-A1) 3:00 PM Afternoon Stretch (GR-A1) 7:00 PM Musical: Take Me Out to the Ball Game (GR-A2) On the Town with Frank Sinatra (GR-A1)</p>	<p>17</p> <p>10:00 AM Morning Stretch (BPorch) 10:30 AM Cool Down & Cliches with Jalisa (GR-A2) 11:30 AM Life Skills (GR-A1&2) 2:15 PM Healthy Living with Jalisa (GR-A1) 3:00 PM Tea Social & Music with Jalisa (GR-A1) 3:45 PM Afternoon Stretch (GR-A1) 7:00 PM Classic TV: Red Skelton (GR-A1&2)</p>
<p>18</p> <p>10:00 AM Morning Stretch (BPorch) 10:30 AM Cool Down & Cliches with Jalisa (GR-A2) 12:00 PM Father's Day Lunch 1:10 PM Washington Nationals Baseball vs. NY Mets, Channel 42 (GR-B1&2) 2:15PM Poems & Proverbs with Jalisa (Patio) 3:00 PM Tea Social & Music (GR-A1) 7:00 PM The Big Broadcast Radio Show, 88.5 FM (GR-A1&2)</p>	<p>19</p> <p>10:00 AM Morning Stretch (CR) 10:30 AM Lecture with Robert Jenner: First Lady Dolly Madison (CR) 11:30 AM Life Skills (GR-A2) 12:45 PM The BBC Hour (GR-B2) 2:15 PM Sports Games with Latifah (BP) 3:00 PM Afternoon Stretch (BP) 7:00 PM Documentary: Yellowstone – Battle for Life (GR-A2) The Discoverers (GR-A1)</p>	<p>20</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Balloon Bop with Latifah (GR-A2) 11:30 AM Life Skills (GR-A2) 12:45 PM Chair Yoga with Latifah (GR-A2) 2:30 PM Music with Steve Gellman(GR-A1) 3:00 PM Dog Visit with Lilly (GR-A1&2) 3:00 PM Ice Cream Social (GR-A1) 7:00 PM Watercolors & Music (GR-A1)</p>	<p>21</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Culinary Arts: Chocolate Mousse with Latifah (GR-A2) 11:30 AM Life Skills (GR-A2) 12:45 PM The BBC Hour (GR-B2) 2:00 PM Bake Shop Open with Latifah (FR) 2:15 PM Modern Marvels with Chris (GR-A1) 7:00 PM Watercolors & Music (GR-A1&2)</p>	<p>22</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Card Games with Latifah (GR-A2) 10:30 AM Current Events with Chris (GR-A1) 12:45 PM Chair Yoga with Latifah (GR-A2) 2:00 PM Dog Visit with Dolly Parton (GR-A1) 2:30 PM Happy Hour & Karaoke Lounge Singing with Chris Covell (GR-A1) 7:00 PM Mind Joggers (GR-A1&2)</p>	<p>23</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Investigating History with Chris (GR-A2) 11:30 AM Life Skills (GR-A2) 2:15 PM A Virtual Visit to the National Mall with Chris (GR-A1) 3:00 PM Afternoon Stretch (GR-A1&2) 7:00 PM Movie: Minstrel Man (GR-A2) Movie: All-American Co-Ed (GR-A1)</p>	<p>24</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Reminiscing with Latifah (GR-A2) 11:30 AM Life Skills (GR-A2) 2:15 PM 1950s Dance Party with Latifah (GR-A1) 3:00 PM Tea Social & Music (GR-A1) 3:45 PM Afternoon Stretch (GR-A1) 7:00 PM Classic TV: I Love Lucy (GR-A1) The Beverly Hillbillies (GR-A2)</p>
<p>25</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Spa: Manicure & Music (GR-A2) 11:30 AM Life Skills (GR-A2) 2:15 PM Parachute Fun with Latifah (GR-A1) 3:00 PM Tea Social & Music (GR-A1) 3:45 PM Afternoon Stretch with Latifah (GR-A1) 7:00 PM The Big Broadcast Radio Show, 88.5 FM (GR-A1&2)</p>	<p>26</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Making Music with Chris (GR-A2) 11:30 AM Life Skills (GR-A2) 12:45 PM The BBC Hour (GR-B2) 2:15 PM Dramatic Readings with Chris (BP) 3:00 PM Afternoon Stretch (BP) 7:00 PM Documentary: NASA – 50 Years of Space Exploration (GR-A1&2)</p>	<p>27</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Arts & Crafts with Latifah (GR-A2) 11:30 AM Life Skills (GR-A1&2) 2:15 PM All About Animals with Latifah (GR-A1) 3:00 PM Dog Visit with Lilly (GR-A1&2) 3:00 PM Ice Cream Social (GR-A1) 7:00 PM Watercolors & Music (GR-A1&2)</p>	<p>28</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Culinary Arts: Garden Delights with Latifah (GR-A2) 11:30 AM Life Skills (GR-A1&2) 12:45 PM The BBC Hour (GR-B2) 2:00 PM Bake Shop with Latifah (FR) 2:15 PM Famous Faces with Chris (GR-A1) 3:00 PM Afternoon Stretch (GR-A1) 7:00 PM Mind Joggers (GR-A1&2)</p>	<p>29</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Card Games with Latifah (GR-A2) 10:30 AM Current Events with Chris (GR-A1) 11:30 AM Life Skills (GR-A1&2) 2:15 PM Dog Visit with Dolly (GR-A1) 2:30 PM Happy Hour with Frank Sinatra Music & Latifah (GR-A1) 7:00 PM Mind Joggers (GR-A1&2)</p>	<p>30</p> <p>10:00 AM Morning Stretch (GR-A2) 10:30 AM Balloon Bop with Latifah (GR-A2) 11:30 AM Life Skills (GR-A1&2) 12:45 PM The BBC Hour (GR-B2) 2:15 PM Famous Faces with Chris (GR-A1) 3:00 PM Afternoon Stretch with Latifah (GR-A1) 7:00 PM Mind Joggers (GR-A1&2)</p>	